



Spectacular Summer Salads Class Report

On Tuesday, May 6th, Personal Chef Damian Woodhams taught us some wonderful new summer salads to prepare for those hot summer days ahead! Her twist on a traditional fresh spinach salad was something even Popeye would have enjoyed! But it was the fabulous fresh fruit salad that floored us; perhaps it was the unexpected ingredient! You can see the beautiful salad below, but you should have been here to taste it and get the recipe.

